

Age Level Growth Chart

© Marcia Ramsland, Ages & Stages of Organizing Your Children * www.OrganizingPro.com

Age Level	Goals for Your Children	Skills for Progressive Independence
BABY Birth-1	<input type="checkbox"/> Fit into family sleeping habits. <input type="checkbox"/> Play while parent cleans kitchen or does household chores.
TODDLER (1-3 years)	<input type="checkbox"/> Pick up toys in a small area (floor, shelf, table) and put away. <input type="checkbox"/> Put books on shelves, clothes in hamper. <input type="checkbox"/> Begin choices between 2 items (outfits, drinks, activities).
PRESCHOOL-KINDERGARTEN (3-5 years)	<input type="checkbox"/> Dress self with help. <input type="checkbox"/> Make bed daily with help. <input type="checkbox"/> Carry belongings to and from car. <input type="checkbox"/> Help set table and clear dishes. <input type="checkbox"/> Practice good telephone habits.
PRIMARY GRADES (1-3rd Grades)	<input type="checkbox"/> Make bed before breakfast/school. <input type="checkbox"/> Put away own things (back-pack, lunch box, coat). <input type="checkbox"/> Establish personal habits (wash hands, brush teeth, comb hair). <input type="checkbox"/> Empty dishwasher regularly. <input type="checkbox"/> Write own thank you notes.
UPPER GRADES (4-5th Grades)	<input type="checkbox"/> Put clean laundry away. <input type="checkbox"/> Practice music/sports five X a week. <input type="checkbox"/> Use charts/post notes to remember. <input type="checkbox"/> Keep room neat. <input type="checkbox"/> Clean out drawers, shelves.
MIDDLE SCHOOL	<input type="checkbox"/> Be more self-reliant with homework, activities, carpool rides. <input type="checkbox"/> Clean bathroom, closet, and drawers. <input type="checkbox"/> Vacuum and dust. <input type="checkbox"/> Mow lawns and babysit. <input type="checkbox"/> Make and buy gifts to give.
HIGH SCHOOL	<input type="checkbox"/> Do own laundry, iron, sew buttons. <input type="checkbox"/> Manage cash flow, banking and vehicle expenses. <input type="checkbox"/> Fix three to five meals and cleanup. <input type="checkbox"/> Shop for groceries and clothes. <input type="checkbox"/> Prepare for moving on/college.



Ultimate Goal: An independent adult (and friend) with healthy self-esteem!